

Title: “New Models to Transform & Heal through Collaboration & Relationships: the Spiritual Focus of Interprofessional Care and Education.”

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AIMS

Effective collaborative teamwork is essential for the care of persons living with a life threatening illness. Using the frameworks of holistic care, the humanities, the principles of interprofessional collaboration and reflection, health care providers can enhance their collaborative abilities and explore how they can address suffering and foster healing and wholeness through a transformative and relational healing process, while considering the importance of the inclusion of the spiritual perspective of holistic care. This workshop introduces philosophical and practical concepts of self-care and self-discovery as an essential component of effective collaborative teamwork. This workshop has been developed through a collaboration of the ‘Interprofessional Education for Collaborative Person-Centred Practice Through the Humanities’ project, located at SCO Health Service and St. Paul University in Ottawa, Canada and L’Arche Canada, founded by Jean Vanier.

METHODS & MATERIALS

In this interactive workshop, based on a holistic model of care including spirituality, participants will use several tools to reflect on their personal reactions to a care scenario and will discuss the impact these reactions and tools may have on their collaboration with colleagues, patients and families. Different models that enhance the concept of healing through these collaborative relationships will be explored and the importance of fostering community amongst team members will be considered.

RESULTS

Participants will have a toolkit with resources and references to use in faculty and continuing professional development for staff.

CONCLUSION

Effective collaborative teamwork requires effective healing relationships among all individuals involved in providing and receiving the care.

Brief summary

In this interactive and engaging workshop participants will use several tools to reflect on their personal reactions to a care scenario and will explore the impact these reactions and tools may have on their collaboration with colleagues, patients and families, and subsequently upon the essential creation of a caring community to foster health and wholeness.