

Spiritual Care Summit 2009

“**Sing When the Spirit Says Sing:** *Clinical Applications of Music in Spiritual Care*”

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Description

Music is a powerful tool in spiritual caregiving. In this workshop, we will share real clinical vignettes that demonstrate unique ways in which music facilitates healing and wholeness. We will explore ways to use live and recorded music from different traditions and cultures in our ministry as chaplains with patients/families, as well as a method to involve and strengthen staff relationships. Background research on music in the literature will be explored. And since we believe everyone can ‘make music’; this workshop will equip you with methods and resources to guide you in your pastoral practice.

Workshop Goals

As a result of this workshop, participants will:

1. Gain understanding of how to apply music as an intervention to creatively meet the spiritual needs of patients, families and staff.
2. Creatively examine our own spiritual journeys in light of the sacred and secular music that has shaped our lives.
3. Be better equipped with resources and methods for applying music in one’s clinical pastoral practice.

Workshop Outline

1. **Open with Musical Warm-ups and Singing**
2. **Music as a Spiritual Care Intervention**
 - Overview of Relevant Literature

- Professional Resources and Certifications
- Impact on Patient Care and Satisfaction
- Examples: hospital choir; prayer services; recorded/live music; patient groups

3. Clinical Vignettes

Including:

- A MICU coma patient revives as hospital choir sings
- Inpatient psychiatry singing group
- A fearful Hospice patient finds peace with God through hymns
- Angry teenage patient connects with chaplain through music
- The use of piano in end-of-life ministry for piano teacher and her family

4. Videos of Chaplains using Music with Patients; Discussion

5. Applications in Your Spiritual Caregiving

- Small Group Discussions
- Creating a Personal Musical Timeline: What Music is Meaningful to Me?
- Creating a Plan for Your Institution

Rev. Terry Ruth Culbertson is a Board Certified Chaplain of 28 years as well as a Clinical Pastoral Education Supervisor in the ACPE. She has presented workshops, seminars and lectures at the regional and national level at the APC and the National Hospice and Palliative Care Organization. She uses music in her pastoral ministry as a spiritual tool that connects on a profound level especially with dying patients and their families. In addition, she has created a choir at her present hospital that sings at the bedside of patients. She is a self-taught musician who plays keyboard, guitar, and is working on learning the harp.

Sarah Byrne is a Board Certified Chaplain with 5 years of service in acute care and Hospice. She is an award-winning professional pianist, singer and voice teacher with knowledge of multiple musical styles and cultural traditions. She utilizes music with patients at the bedside, during end-of-life as well as recovery and rehabilitation. She also uses music for staff ministry, at retreats and memorial services.