

# **The System's Response to Post Deployment from Combat**

This workshop will discuss the multiple systems the returning veterans find themselves in and typical responses from those systems to the veteran's experiences. The Army's "Battlemind" program will be examined as the context from which the Soldiers and their families are assisted in normalizing their combat stress. This workshop will aid anyone working with veterans and their family members to understand the contextual framework from which the Army deals with the effects of war on the Soldiers and their family systems.

## **I. Why Battlemind?**

- A. Downrange Video Clips**
- B. Difficulties Soldiers Have**
- C. Common Problems (Statistics)**
- D. Battlemind Training System Overview**

## **II. Battlemind Training Pre-Deployment**

- A. What is Battlemind?**
- B. What is Combat Like? (TEM Example Video)**
- C. The Nature of Deployments**
- D. What Soldiers Should Know and Do?**
- E. Introduction of Battlemind**
- F. Battlemind for Leaders and Soldiers**

## **III. Battlemind Downrange**

- A. Definitions – The Continuum of Combat and Operation Stress (COS)**
- B. Common Signs**
- C. Traumatic Event Management**
- D. Faberow and Gordon Model**
- E. COS Triage/Psychological Debriefing**

**F. DOD/VA Guidelines**

**G. Demonstration Video (BMPD IT)**

**IV. Battlemind Training Post Deployment**

**A. Battlemind I**

**B. Battlemind II**

**C. Spouse Battlemind Training**

**D. Full Battlemind Video**

**V. The Response**

**A. The Army Family**

**B. The Community**

**C. The Theological Embrace**

**D. Discussion of No Atheists in Foxholes by Chaplain Patrick McLaughlin**

**CH (LTC) Thomas C. Waynick  
Director and Clinical Supervisor  
US Army Family Life Chaplain Training Program  
Fort Benning, Georgia**