

**“Integrating Spirituality and Healing: an active approach within the continuum of spiritual care –
informed through research”**

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- I. Spiritual Care Continuum**
 - a. Our current model of Pastoral/Spiritual Care**
 - b. Expanding our concept of Pastoral/Spiritual Care through prayer**
 - i. The new Integrative Medicine research in prayer and meditation to help maintain health and well being**
 - ii. How does the brain interpret our Oneness with the Infinite**
 - iii. Consciousness and the idea of a non-physical being**
 - c. The Pro’s and Con’s to using prayer as a tool for health**
 - d. Concerns of expansion of a chaplains role**
 - i. Leadership has developed standards for pastoral care that institutions can expect**
 - ii. Standards for Complementary and Alternative Therapies**
 - iii. Conservative understandings of prayer and healing**
 - e. The Question: How do chaplains incorporate new findings of science and spirituality?**
- II. The Judith Nan Joy Integrative Medicine Initiative, Children’s Memorial Hospital, Chicago, IL**
 - a. Integrative Medicine**
 - b. Integrative Care a ministry of hospitality**
 - c. The role of the Integrative Medicine Healer**
 - i. Energy Healing**
 - ii. Massage Therapy**
 - iii. Guided Imagery**
 - iv. Meditation**
 - v. Prayer**
 - d. Changing the environment one situation at a time**

III. Research Issues Related to Healing and Spirituality

- a. Expanding the concepts of conventional research**
 - i. Conceptual framework of conventional research**
 - ii. Expanded conceptual framework to include research on healing**

- b. Difficulties in defining and standardizing healing interventions**
 - i. How do you define a spiritual/healing intervention?**
 - ii. How do you standardize and calibrate such interventions?**

- c. Picking relevant outcome variables**
 - i. Healing vs. Cure**
 - ii. Subjective variables**
 - iii. Objective variables**
 - iv. Outcome variables in physiological systems**

IV. Developing New Methodology

- a. Exploring ways to measure “systemic” change**
- b. Exploring new ways to study mechanisms**

V. Possible Interface between Physiology, Trauma and Compassion

- a. Are there physiological correlates related to compassion?**
- b. Are there physiological correlates related to trauma?**
- c. What can physiology teach us about compassion and trauma?**
- d. Can trauma disrupt our capacity for compassion?**

VI. The Story of the Healing Rabbi