

Pre-Conference Workshops

Friday, January 30, 2009

8:00 a.m. - Noon

P1

Lamenting with Lamentations: Exploring Healing for Ourselves and Others through Sorrow-Filled Stories

David J. Zucker, Ph.D., BCC
Rabbi/Chaplain
Shalom Park
Aurora, Colorado

Bonita E. Taylor, M.A., BCC
Rabbi/ACPE CPE Supervisor
The HealthCare Chaplaincy
New York, New York

Explore the biblical book of *Lamentations* from both ancient and contemporary perspectives. Utilizing group and individual process, we will delve into the positive healing power of lamenting. We will introduce a tool through which we can begin a process of healing our souls from the negative impact of our own sorrow-filled stories and those of our residents, patients, inmates, clients and other counselees. This is a two-tiered academic and experiential session.

Workshop Goals

1. Gain respect for the healing power that can be inherent in on-going complaining (what some categorize as 'kvetching') and reframe these sorrow-filled stories as 'lamenting'
2. Value these laments as healing tools with the power to detoxify our souls and bodies – and the souls of our residents, patients, and clients
3. Be able to use the biblical book of *Lamentations* to access and liberate the laments in our souls and our bodies – and in the souls of our residents, patients, and clients
4. Write a personal lament (using *Lamentations* as a guide)

P2

Negotiating Uncertainty - The Ethical Challenges of Hope, Truth-Telling, and Informed Choice in Professional Caring

Rev. Catherine Simpson, M.A., M.Div., Ph.D. (cand.)

Interdisciplinary Studies

Dalhousie University

Dartmouth, Nova Scotia, Canada

This case-based workshop will challenge participants to critically reflect on situations in which uncertainties related to hope and truth-telling or ‘false’ hope and futility contribute to communication difficulties. The goal is to enrich, inform, and support ethical care-based decision-making by heightening awareness of how these dynamics influence our professional practice and approach to patients. We will discuss hope, ‘false’ hope, the role of truth-telling in the ethics of informed choice, and a feminist ethic of care approach.

Workshop Goals

1. Be familiar with an expanded definition of hope adapted for healthcare contexts
2. Have an understanding of the interface between Tronto’s ethic of care model, hope, and truth-telling in the healthcare context
3. Have considered the implications of feminist care ethics with respect to our current mandate to encourage patient-centered collaborative decision-making

P3

The System Response to Post Deployment from Combat

Chaplain (LTC) Thomas C. Waynick, M.Div., M.S.

Director and Clinical Supervisor

U.S. Army Family Life Chaplain Training Program

Fort Benning, Georgia

This workshop will discuss the multiple systems the returning veterans find themselves in and typical responses from those systems to the veteran’s experience. The Army’s “Battlemind” program will be examined as the context from which the soldier and their families are assisted in normalizing his/her combat stress. This workshop will aid anyone working with veterans and their family members to understand the contextual framework from which the Army deals with the effects of war on the soldier and their family system.

Workshop Goals

1. Discuss and become familiar with the multiple systems and system responses to the experiences of veterans
2. Become familiar with the Army's "Battlemind" program
3. Understand the Army's contextual framework for dealing with the effects of war on veterans and their family systems.

Friday, January 30, 2009

12:30 p.m. – 4:30 p.m.

P4

Ten Stories, Three Streams: Teaching Tales from Buddhism

Rev. Jennifer Block, M.A.

Chaplain and Public Education Director
Zen Hospice Project
San Francisco, California

Carlyle Coash, M.A., BCC

Manager of Spiritual Care
Kaiser Permanente Santa Theresa Medical Center
San Jose, California

For over 2,500 years, Buddhist teaching tales have guided, inspired, and comforted people on the spiritual path. They illustrate principles of moral conduct that cultivate individual liberation as well as generosity and peace in communities. Through lecture and clinical examples, this session presents ten stories of meaning for use with Buddhist patients. Significant distinctions between the three major streams (denominations) of Buddhism will also be addressed through the comparison of these stories with one another.

Workshop Goals

1. Identify ten Buddhist stories for use in spiritual care
2. Explain significant differences between the three primary streams (denominations) within Buddhism
3. Understand the impact of these on the wellness of Buddhist patients and communities, particularly during times of suffering and crisis.

P5

Sing When the Spirit Says Sing: Clinical Applications of Music in Spiritual Care

The Rev. Terry Ruth Culbertson, M.Div., BCC, CT

Center for Spiritual Care Manager

Upstate Medical University

Syracuse, New York

Sarah Byrne, M.Div., BCC

Staff Chaplain, The HealthCare Chaplaincy

New York University Langone Medical Center

New York, New York

Music is a powerful tool in spiritual caregiving. In this workshop, we will share real clinical vignettes that demonstrate unique ways in which music facilitates healing and wholeness. We will explore ways to use live and recorded music from different traditions and cultures in our ministry as chaplains with patients/families, as well as a method to involve and strengthen staff relationships. Background research on music in the literature will be explored. And since we believe everyone can ‘make music’, this workshop will equip you with methods and resources to guide you in your pastoral practice.

Workshop Goals

1. Gain an understanding of how to apply music as an intervention to creatively meet the spiritual needs of patients, families, and staff
2. Be able to describe the connections between music, pain control, healing, wholeness, and significant spiritual issues such as lament
3. Be better equipped with resources and methods for applying music in one’s clinical pastoral practice

P6

From Misery to Freedom: Psychotheology Goes to the Movies

Rev. Dr. Jody Clarke, D.Min.

Associate Professor, Pastoral Theology

Atlantic School of Theology

Halifax, Nova Scotia, Canada

We are going to perform a psychospiritual examination – a kind of autopsy of the soul – on several characters found in film and literature, including Dickens’ Scrooge, DeNiro’s Mendoza in *The Mission* and McDormand’s work in *Miss Pettigrew Lives for a*

Day. The first question is how did they become crippled? From there we will examine their journey toward freedom. Spiritually, we will discover the psychospiritual integrity found in grief, guilt, forgiveness, and true joy.

Workshop Goals

1. Increase the capacity to do psychospiritual diagnosis
2. Develop a deeper understanding of human resilience and how spiritual care can actively participate in facilitating this journey
3. Develop an increased capacity to do theological analysis on the fly

Saturday, January 31, 2009

8:00 a.m. – 5:00 p.m.

P7

A Systems-Centered Model for Functional Role-Taking: Moving From Survival to Developing and Thriving in Organizations

Susan P. Gantt, Ph.D., ABPP, FAPA, FAGPA

Director

Systems-Centered Training and Research Institute

Atlanta, Georgia

Developing a systems-centered perspective enables a shift from taking one's work roles personally to working them functionally in support of the goals of the context. The ongoing challenge of role flexibility requires learning to see the wider context and how roles and goals change with the context. This workshop builds a systems-centered context in which to explore the challenges of role flexibility and functional role-taking: learning how to shift to one's work role and away from the habitual roles that determine the goals of the context and lead to personal suffering. The workshop will include theory, discussion, and experiential exploration.

Workshop Goals

1. Be able to identify the role changes required in your various organizational contexts
2. Take your own responses less personally and instead, see them in context
3. Strengthen your ability to stay goal-focused and to relate your roles to the goal of the context

Saturday, January 31, 2009

8:00 a.m. – Noon

P8

Research Methods and Theory Building in Pastoral Care

Jackson Kyle, Ph.D.

Vice President of Academic Affairs

The HealthCare Chaplaincy

New York, New York

Kathleen Galek, Ph.D.

John Templeton Postdoctoral Research Fellow

The HealthCare Chaplaincy

New York, New York

The future and well-being of chaplaincy as a profession depends on chaplains being able to understand and conduct research. Our hands-on workshop focuses on how quantitative methods can be used to substantiate the work of chaplains and how qualitative methods can be used to explore concepts within chaplaincy that are difficult to quantify. The workshop will also examine challenges the profession faces in defining and measuring the impact of chaplaincy on patients, families, and staff.

Workshop Goals

1. Develop a working knowledge of research design and analysis in the field of pastoral care
2. Understand the strengths and limitations of qualitative and quantitative methods
3. Appreciate the challenges the profession faces in defining and measuring the impact of chaplaincy care on patients, families, and staff

P9

The Dance of End-of-Life Living...Creating an Interprofessional Dialogue with Family Members and End of Life Issues

Martin Rovers, Ph.D.

Professor and CAPPE Supervisor

St. Paul University

Ottawa, Ontario, Canada

Rebekah Hackbusch, M.A.

Professional Practice Leader and Chaplain
Saint Vincent Hospital
Ottawa, Ontario, Canada

Nichelle Bradley, M.S.W.
Social Worker
Saint Vincent Hospital
Ottawa, Ontario, Canada

Renée Prince, M.D.
Director of Ventilator Unit
Saint Vincent Hospital
Ottawa, Ontario, Canada

Family members play a central and emotional role to the end-of-life care of their loved ones. Preliminary research indicates that when the family relationship dance is choreographed in terms of differentiated, enmeshed, and cutoff relationships, these dynamics play a crucial role in the end-of-life decision-making process. This inter-professional workshop, with contributions offered from the perspectives of medicine, social work, spiritual care, and counseling sets out to create a framework for dialogue between dying patients, their adult children caregivers, and the inter-professional team.

Workshop Goals

1. Better understand and appreciate the power of family relational dynamics
2. Experience the inter-professional collaboration process and dialogue
3. Engage in an experiential approach to creating end-of-life dialogue between families and professionals

P10

Being a Healing Presence: Contemplative Practice as Spiritual Care

Dennis McCann, Ph.D., BCC
Director of Pastoral Care
Middlesex Hospital
Middletown, Connecticut

Contemplative practice itself is spiritual care. It may involve meditation, movement, prayer, scriptural contemplation, esoteric and/or a self-discovered practice. In this workshop, participants will explore, share, and learn contemplative practices. They will learn how to articulate and apply these practices to enhance their spiritual care with groups or individuals. While there will be some lecture, this workshop will be primarily interactive and experiential.

Workshop Goals

1. Be able to articulate the origins and purpose of a contemplative practice using the language and imagery of your own faith tradition
2. Be able to share your experience and practice with patients and staff regardless of faith tradition
3. Apply your contemplative practice to enhance your spiritual care as a healing presence

P11

An Interdisciplinary Dialogue on Integrating the Core Competencies for Physicians, Social Workers, and those in Professional Ministry in Effectively Addressing the Impact of Substance Misuse on Families and Children

Rev. Fred L. Smoot, Ph.D.

Director
Emory Clergy Care
Duluth, Georgia

Hoover Adger, Jr., M.D., M.P.H., M.B.A.

Professor of Pediatrics and Director of Adolescent Medicine
Johns Hopkins Medical Institutions
Baltimore, Maryland

Shelly A. Wiechelt, Ph.D.

Assistant Professor, School of Social Work
University of Maryland, Baltimore County
Baltimore, Maryland

Substance misuse has reached epidemic proportions. Care professional organizations have recently developed core competencies that address and delineate the knowledge, roles, and skills each must have to be effective. The workshop will offer the opportunity to integrate these competencies into effective cooperative care strategies by assisting each profession to refine its approach in the light of other cognate groups. The desired outcome will be an increased ability to more comprehensively provide competent care, integratively using all available resources.

Workshop Goals

1. Interact with professionals in each of three disciplines as we discover, explore, and integrate commonalities and differences in our roles as healing

- professionals in working with families and children captured by addiction to the end of increasing the effectiveness of our work with this disease
2. Review the core competencies for each of the disciplines to clarify their own role in interacting with these professional communities
 3. Have opportunities to substantively add to the integrative dialogue between these representative professionals

P13

Enhancing Health and Hope through a Collaborative Continuum of Care: A Focus on Behavioral Health

Dr. Ken Thompson, M.D.

Medical Director

Center for Mental Health Services (CMHS)

Substance Abuse and Mental Health Services Administration (SAMHSA)

Washington, DC

PANELISTS:

Rev. Robert Kidd, BCC

Sr. Staff Chaplain and Operations Manager/Spiritual Care and Education

The Methodist Hospital

Houston, Texas

Rev. Dr. Nancy Long, Chaplain/Pastoral Counselor

Associate Director of Pastoral Services at Crawford Long Hospital

Emory Center for Pastoral Services

Atlanta, Georgia

Rev. Nancy Osborne

Director of Chaplaincy and CPE

Good Samaritan Society

University Specialty Center (Long-term care)

Minneapolis, Minnesota

FACILITATORS:

Rev. Dr. Dale W. Johnson

Clinical Coordinator

Spiritual Care and Multi-Faith Services

Vancouver Coastal Health

Vancouver, British Columbia, Canada

Rev. Dr. Douglas M. Ronsheim, D.Min.

Executive Director
American Association of Pastoral Counselors
CITY

Rev. Dr. Teresa E. Snorton, D.Min, BCC
Executive Director
Association for Clinical Pastoral Education
Atlanta, Georgia

This workshop will focus on the ways in which various caregivers can create and contribute to a continuum of care when behavioral/mental health issues occur concurrently with other health issues. Chaplains, pastoral counselors and physicians will each offer their unique perspective about health and hope amid difficult clinical circumstances. The workshop will include a didactic presentation followed by a panel discussion and case studies on depression, suicide in later life, dementia and substance abuse.

Workshop Goals:

1. Gain insight about medical and psychiatric conditions from experienced clinicians
2. Discuss the ways in which behavioral health issues are addressed in a variety of settings – hospital, long-term care, community
3. Learn ways in which spiritual and medical providers can collaborate in today's challenging healthcare environment

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1:00 p.m. – 5:00 p.m.

P12

The Heartbeat of a Culture: Journeying Together with the Creator in the Healthcare Setting

Rev. Dr. Neil Elford
Manager of Spiritual Care Services
Royal Alexandra Hospital
Edmonton, Alberta, Canada

Robert Cardinal
Aboriginal Cultural Helper, Advisor, and Educator
Royal Alexandra Hospital
Edmonton, Alberta, Canada

An opportunity to learn about an historic first in Canada's spiritual education program development – The Aboriginal Cultural Helper Residency at the Royal Alexandra Hospital, that has in April 2008, been recognized by CAPPE as a third stream of clinical education. Much like the pioneers of the SPE process in Canada, the people of vision of Aboriginal Cultural Helper care have learned experientially to find ways to enable Aboriginal people to do 'bridge building' work in a hospital.

Workshop Goals

1. Learn how the Aboriginal Cultural Helper program at the Royal Alexandra Hospital was developed
2. Learn how this new way of spiritual education was adapted to respect the traditional ways and teachings of Aboriginal peoples of Western and Northern Canada
3. Gain awareness of sweet grass ceremonies, protocols, and other teachings of Aboriginal spirituality that are used in a hospital setting for the healing of Aboriginal people